



# March 2019

*"Come to dance, leave inspired!"*

## Adult Evening Group Classes

### Group Classes Progressive Series

(For the best experience, start at the beginning of the month)

### Instructor

Mondays: 4th - 25th	7:15 to 8:15pm	Newcomer Swing & Foxtrot	Joy
Mondays: 4th -25th	8:15 to 9:15pm	Beyond Beginning Swing & Foxtrot	Joy
Tuesdays: 5th - 26th	7 to 8pm	Newcomer West Coast Swing	Leilani
Tuesdays: 5th - 26th	8 to 9pm	Beyond Beginning West Coast Swing	Leilani
Wednesdays: 6th - 27th	7:30 to 8:30pm	All Levels Salsa	Jake
Thursdays: 7th -28th	7pm to 8pm	All Levels Rumba	Jake
Sundays: 3rd - 24th	5 to 6pm	Beyond Beginning Cross Step Waltz	Ariel
Sundays: 3rd - 24th	6 to 7pm	Beyond Beginning Country Two Step	Ariel

### Single Day Workshops (Pre-register and save!)

Thursday - March 7th	7:30 to 9pm	Int/Adv Samba	Leilani
Thursday - March 14th	7:30 to 9pm	Beginning Waltz	Joy
Thursday - March 21st	7:30 to 9pm	Int/Adv West Coast Swing	Leilani
Thursday - March 28th	7:30 to 9pm	Beyond Beginning Waltz	Joy

Single day workshop pricing: \$25 at the door (space permitting) / \$20 pre-registered.  
 Group class progressive series pricing: \$12 drop -in or \$10 per class if you pay for the full month.  
 Pre-register online to reserve your spot in class.

## Daytime Dance Program

Dance during the day at Uptown! Classes meet Monday through Wednesday and are a progressive series. For the best experience, please start at the beginning of a month.

Mondays: 12pm - All Levels Lindy Swing, 1pm - Beyond Beginning Waltz (Ballroom, Country, Cross Step)  
 Tuesdays: 12pm - Beyond Beginning Latin (Rumba, Cha Cha, Salsa,) 1pm - Beyond Beg. Nightclub 2-Step  
 Wednesdays: 12pm - All Levels Ballroom Tango, 1pm - Beyond Beginning West Coast Swing  
 Daytime Dance Social: March 28th from 1 to 3pm. More details on back.

Single Class - \$8 /Monthly Series - \$25/ Weekly Unlimited Pass - \$30 (daytime classes only)  
 No pre-registration necessary. Instructor: Joy Davina.

We accept cash or check in the studio for payment.

# Social Dances, Workshops & Zumba

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## Social Dance Parties

**1st Saturday: March 2nd**

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7:30pm: Beginning

Cha Cha Lesson - FREE

8:30 to 11pm: Social Dancing - \$8

**3rd Saturday: March 16th**

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7:30pm: Beginning

Waltz Lesson - FREE

8:30 to 11pm: Social Dancing - \$8

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## 3rd Friday Westie Practica

Friday, March 15th

9:30pm to Midnight

Mini Lesson at 10:15pm

\$5, \$3 for youth or students

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## Daytime Dance Social

Thursday, March 28th, 1 to 3pm.

Mini Lesson from 1 to 1:30pm.

\$8 cash at the door.

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## Summer Showcase Date Change!

Our next studio showcase will be on July 20th, 2019 and we would love to have you join us! Performance helps you build new dance skills, brings you confidence and is really fun! Send us an email or give us a call to chat about being one of our star performers. :)

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## Date Night Dance

(a perfect date night activity)

This is a group dance class designed exclusively for couples. You must sign up with a partner and there will be no rotation during class. It is designed for beginners, so no dance experience is needed to join. It is by pre-registration only, so be sure to email us if you would like to reserve a spot!

March 15th, 8 to 9:15pm / \$25 per couple

[info@uptowndancestudio.com](mailto:info@uptowndancestudio.com)

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**ZUMBA FITNESS** - A feel-happy workout that combines a motivating fusion of dance and fitness, which will leave you smiling and pumped everytime!

### Class Times:

Mondays 5:30pm - Zumba

Tuesdays 5:30pm - STRONG by Zumba

Wednesday 5:30pm - Zumba

Thursday 5:30pm - STRONG by Zumba

Saturday 10am - Zumba

### Cost:

\$10 drop-in, \$75 for unlimited monthly pass,

4 pass punch card for \$30 (good for a month), or

10 pass punch card for \$70 (good for 3 months).

No pre-registration necessary - just show up!

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## **STUDIO ADDRESS:**

14355 SW Pacific Highway

Tigard, OR 97224

503-740-3838 / [info@uptowndancestudio.com](mailto:info@uptowndancestudio.com)

**Want more details? Visit: [www.UptownDanceStudio.com](http://www.UptownDanceStudio.com)**

*Feel free to contact us with any questions! ~ Leilani Nakagawa, owner.*