



# September 2018

*"Come to dance, leave inspired!"*

## Adult Evening Group Classes

*Please NOTE!* All evening classes run weekly and are progressive series.

Any cancellations are noted with an asterix. Please pre-register online to reserve your spot!

### Newcomer Group Classes (No experience needed)

### Instructor

Mondays	7:15 to 8:15pm	Newcomer Bachata	Joy
Tuesdays	7:00 to 8:00pm	Newcomer West Coast Swing	Leilani
Sundays	5:00 to 6:00pm	Newcomer Nightclub Two Step *No Class 9/30	Ariel
Sundays	6:00 to 7:00pm	Newcomer West Coast Swing *No Class 9/30	Ariel

### Beyond Beginning Group Classes (3 months or more experience)

Mondays	8:15 to 9:15pm	Beyond Beginning Bachata	Joy
Tuesdays	8:00 to 9:00pm	Beyond Beginning West Coast Swing	Leilani & Joe
Wednesdays	7:30 to 8:30pm	Beyond Beginning Salsa	Jake
Sundays	7:00 to 8:00pm	Beyond Beginning Hustle *No Class 9/30	Ariel

If you pay for a month series - Newcomer: \$8 per class, BeyondBeg/Int/Adv: \$10 per class. \$2 more per class if you drop in weekly. Classes are 50 minutes long, starting with a few minutes of warm up time.

### Intermediate / Advanced Workshops (12 months or more experience)

Thursday, Sept 20th	7:30 to 9pm	Int/Adv West Coast Swing	Leilani & Joe
Thursday, Sept 6th	7:30 to 9pm	Int/Adv Foxtrot	Leilani

Workshop pricing: \$20 at the door if there is space / \$15 pre-registered.

Email [info@uptowndancestudio.com](mailto:info@uptowndancestudio.com) to pre-register.

## Daytime Dance Program

Dance during the day at Uptown! Classes meet Monday through Wednesday and are progressive series. For the best experience, please start at the beginning of a month.

Mondays: Noon - Newcomer Waltz, 1pm - Beyond Beginning Foxtrot\*

Tuesdays: 1pm - Beyond Beginning Night Club Two Step

Wednesdays: Noon - All levels Salsa, 1pm - Beyond Beginning West Coast Swing

Daytime Dance Social: Sept 27th from 1 to 3pm. More details on back.

\*No class 9/3

Single Class - \$8 / 4 Class Pass - \$20 (daytime classes only)

No pre-registration necessary. Instructor: Joy Davina.

We accept cash or check in the studio for payment.

# Social Dances, Workshops & Zumba

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## Social Dance Parties

1st Saturday: Sept 1st

7:30pm: Beginning Foxtrot  
Lesson - FREE

8:30 to 11pm: Social Dancing - \$7

3rd Saturday: Sept 15th

7:30pm: Beginning Bachata  
Lesson - FREE

8:30 to 11pm: Social Dancing - \$7

## 3rd Friday Westie Practica

Friday, Sept 21st

9:30pm to Midnight

Mini Lesson at 10:15pm

\$5, \$3 for youth or students

## Daytime Dance Social

Thursday, Sept 27th, 1 to 3pm.

Mini Lesson from 1 to 1:30pm.

\$8 cash at the door.

## Date Night Dance

(a perfect date night activity)

This is a group dance class designed exclusively for couples. You must sign up with a partner and there will be no rotation during class. It is designed for beginners, so no dance experience is needed to join. It is by pre-registration only, so be sure to email us if you would like to reserve a spot!

Sept 21st, 8 to 9:15pm / \$25 per couple  
info@uptowndancestudio.com

## Beginning Hip Hop Workshops

Join Alicia Marshall for fun classes on Hip Hop dancing! Learn the basics of the style with fun routines to practice your new skills.

No experience necessary.

Fridays - Sept 7th & 14th  
6 to 7pm / \$10 each

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**ZUMBA FITNESS** - A feel-happy workout that combines a motivating fusion of dance and fitness, which will leave you smiling and pumped everytime!

Class Times:

Mondays 5:30pm - Zumba\*

Wednesday 5:30pm - Zumba

Thursday 5:30pm - Zumba STRONG

Saturday 10am - Zumba

\*No class 9/3

Cost:

\$9 drop-in, \$50 for unlimited monthly pass,  
4 pass punch card for \$30 (good for a month), or  
10 pass punch card for \$70 (good for 3 months).

No pre-registration necessary - just show up!

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## STUDIO ADDRESS:

14355 SW Pacific Highway

Tigard, OR 97224

503-740-3838 / info@uptowndancestudio.com

Want more details? Visit: [www.UptownDanceStudio.com](http://www.UptownDanceStudio.com)

*Feel free to contact us with any questions! ~ Leilani Nakagawa, owner.*