



October 2017

"Come to dance, leave inspired!"

Adult Evening Group Classes

Please NOTE! All classes run weekly and are progressive series. Any cancelations are noted with an asterix. Please pre-register online to reserve your spot!

Newcomer Group Classes (No experience needed)

Instructor

Mondays	7:15 to 8:15pm	Newcomer Bachata	Joy
Tuesdays	7:00 to 8:00pm	Newcomer West Coast Swing* *No class 10/31	Leilani
Sundays	5:00 to 6:00pm	Newcomer Hustle *No class 10/29	Ariel

Beyond Beginning Group Classes (3 months or more experience)

Mondays	8:15 to 9:15pm	Beyond Beginning American Foxtrot	Joy
Tuesdays	8:00 to 9:00pm	Beyond Beginning West Coast Swing* *No class 10/31	Leilani & Joe
Sundays	6:00 to 7:00pm	Beyond Beginning Country Two Step* *No class 10/29	Ariel

Intermediate / Advanced Group Classes (12 months or more experience)

Thursdays	7:30 to 8:30pm	Int/Adv West Coast Swing	Leilani & Joe
Thursdays	8:30 to 9:30pm	Int/Adv International Rumba	Leilani

If you pay for a month series - Newcomer: \$8 per class, BeyondBeg/Int/Adv: \$10 per class. \$2 more per class if you drop in weekly. Classes are 50 minutes long, starting with a few minutes of warm up time.

Daytime Dance Program

Dance during the day at Uptown! Classes meet every Monday, Tuesday, Wednesday & Thursday and are progressive series.

- Mondays: Noon -Newcomer East Coast Swing, 1pm - Beyond Beginning Swing & Foxtrot
- Tuesdays: Noon -Newcomer Country Two Step, 1pm - Beginning Country Line Dancing
- Wednesdays: Noon - Newcomer Waltz & Rumba, 1pm - Beyond Beginning West Coast Swing
- Thursdays: 1pm - Salsa

\$5 per class. No pre-registration necessary. Instructor: Joy Davina.

We accept cash or check in the studio for payment.

Social Dances, Workshops, Youth & Zumba

Social Dance Parties

1st Saturday: October 7th

7:30pm: Beginning Country Two
Step Lesson - FREE

8:30 to 11pm: Social Dancing - \$7

3rd Saturday: October 21st

7:30pm: Beginning Rumba
Lesson - FREE

8:30 to 11pm: Social Dancing - \$7

3rd Friday Westie Practica

Friday, October 20th

9:30pm to Midnight

Mini Lesson at 10:15pm

\$5, \$3 for youth or students

Daytime Dance Social

Thursday, October 26th

2 to 3pm. \$5 cash at the door.

Hip Hop Class Series

Join Alicia Marshall for a fun 4 week series on Hip Hop.
No experience needed to join. For young adults and
anyone above, ages 16 and up.

Fridays at 6pm / Oct 6th - 27th
\$10 to drop in, \$32 for the full series

Blues Is My Business

A west coast swing workshop on dancing to blues
music. Learn how to add swing rhythms & movement
into your dance that will add contrast to our
fluid & smooth basics.

Oct 28th from 3 to 5:30pm

Part 1: Blues rhythm & styling for leads & follows

Part 2: Application in partnership

\$24 with pre-registration / \$30 at door

Email us at info@uptowndancestudio.com to pre-register

ZUMBA FITNESS - A feel-happy workout that combines a motivating fusion of dance and fitness, which will leave you smiling and pumped everytime!

Class Times:

Mondays 5:30pm

Wednesday 5:30pm

Saturday 10am

Cost:

\$9 drop-in, \$45 for unlimited monthly pass,

4 pass punch card for \$30 (good for a month), or

10 pass punch card for \$70 (good for 3 months).

No pre-registration necessary - just show up!

STUDIO ADDRESS:

14355 SW Pacific Highway

Tigard, OR 97224

503-740-3838 / info@uptowndancestudio.com

More details at: www.UptownDanceStudio.com

Feel free to contact us with any questions! ~ Leilani Nakagawa, owner.