



# September 2017

*"Come to dance, leave inspired!"*

## Adult Evening Group Classes

*Please NOTE!* All classes run weekly and are progressive series.  
Any cancelations are noted with an asterix. Please pre-register online to reserve your spot!

### Newcomer Group Classes (No experience needed)

### Instructor

Mondays	7:15 to 8:15pm	Newcomer Country Two Step	Joy
Tuesdays	7:00 to 8:00pm	Newcomer West Coast Swing	Leilani
Sundays	5:00 to 6:00pm	Newcomer Nightclub Two Step	Ariel

### Beyond Beginning Group Classes (3 months or more experience)

Mondays	8:15 to 9:15pm	Beyond Beginning American Waltz	Joy
Tuesdays	8:00 to 9:00pm	Beyond Beginning West Coast Swing	Leilani & Joe

### Intermediate / Advanced Group Classes (12 months or more experience)

Thursdays	7:30 to 8:30pm	Int/Adv West Coast Swing *No class 9/7	Leilani & Joe
Thursdays	8:30 to 9:30pm	Int/Adv Country Two Step *No class 9/7	Leilani
Sundays	6:00 to 7:00pm	Int/Adv Nightclub Two Step	Ariel

If you pay for the month series - Newcomer: \$8, BeyondBeg/Int/Adv: \$10 per class. \$2 more per class if you drop in weekly. Class are 50 minutes long, starting with a few minutes of warm up time.

## Daytime Dance Program

Dance during the day at Uptown! Classes meet every Monday, Tuesday, Wednesday & Thursday and are progressive series.

Mondays: Noon -Newcomer East Coast Swing, 1pm - Beyond Beginning Swing & Foxtrot  
Tuesdays: Noon -Newcomer Country Two Step, 1pm - Beginning Country Line Dancing  
Wednesdays: Noon - Newcomer Waltz & Swing, 1pm - Beyond Beginning West Coast Swing  
Thursdays: 1pm - Salsa

\$5 per class. No pre-registration necessary. Instructor: Joy Davina.

We accept cash or check in the studio for payment.

# Social Dances, Workshops, Youth & Zumba

## Social Dance Parties

### 1st Saturday: September 2nd

7:30pm: Beginning Cha Cha  
Lesson - FREE

8:30 to 11pm: Social Dancing - \$7

### 3rd Saturday: September 16th

7:30pm: Beginning Salsa  
Lesson - FREE

8:30 to 11pm: Social Dancing - \$7

## 3rd Friday Westie Practica

Friday, September 15th

9:30pm to Midnight

Mini Lesson at 10:15pm

\$5, \$3 for youth or students

## Daytime Dance Social

Friday, September 15th

1 to 3pm. \$8 cash at the door.

## Lead / Follow Technique Workshop & Autumn Social

September 30th - Hosted by Ariel Kaplan

Lead / Follow Technique Workshop: 4 to 6pm

This 2-hour intensive workshop focuses on the essential skills and techniques that you can apply to any dance style. No dance-specific knowledge required. Instructor: Ariel

\$15 pre-registered or \$20 at the door.

To pre-register, email [info@uptowndancestudio.com](mailto:info@uptowndancestudio.com).

Autumn Social: 7:30-10pm

Take a dinner break, then come back to apply your new skills!  
Nightclub Two-Step, West Coast Swing, Waltz,  
Country Two-Step, East Coast Swing, and more!

7:30-8pm - Intermediate Nightclub Lesson with Ariel

8-10pm - Social dance

\$8 dance only, or \$5 with workshop.

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**ZUMBA FITNESS** - A feel-happy workout that combines a motivating fusion of dance and fitness, which will leave you smiling and pumped everytime!

### Class Times:

Mondays 5:30pm\*

Wednesday 5:30pm

Saturday 10am

\*No class Sept 4th (Labor Day)

### Cost:

\$9 drop-in, \$45 for unlimited monthly pass,

4 pass punch card for \$30 (good for a month), or

10 pass punch card for \$70 (good for 3 months).

No pre-registration necessary - just show up!

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## STUDIO ADDRESS:

14355 SW Pacific Highway

Tigard, OR 97224

503-740-3838 / [info@uptowndancestudio.com](mailto:info@uptowndancestudio.com)

More details at: [www.UptownDanceStudio.com](http://www.UptownDanceStudio.com)

*Feel free to contact us with any questions! ~ Leilani Nakagawa, owner.*