



November 2020

"Come to dance, leave inspired!"

Evening Group Classes

Progressive Series

			Instructor
Mondays: 2nd -23rd	7 to 8:30pm	Date Night Dance - Couples Only BB/Int - Fancy Foxtrot in Small Spaces	Joy
Wednesdays: 4th - 25th	5:30 to 6:30pm	Line Dancing - Solo Movement - All levels	Leilani & Joy
Wednesdays: 4th - 25th	7:30 to 8:30pm	Date Night Dance - Couples Only Beginning - Bachata	Joy
Thursdays: 5th - 19th	7 to 8:00pm	Bronze Cha Cha - Solo Movement	Jake

Single Day Workshops

Tuesday - Nov 3rd	7 to 8:15pm	Hip Hop Styling for WCS Follows - Solo Movement - All levels	Leilani
Tuesday - Nov 10th	7 to 8:15pm	Direction in Redirection - BB/Int - WCS - Couples Only	Leilani & Joy
Friday - Nov 13th	8 to 9:15pm	Date Night Dance - Couples Only - Beginning - Hustle	Leilani
Saturday - Nov 14th	1 to 3pm	County Line Dancing - Solo Movement - All levels	Joy
Tuesday - Nov 17th	7 to 8:15pm	Salsa - Wraps, Copas & Faceloops - Couples Only - BB/Int	Leilani

PLEASES NOTE: To keep safe social distancing in the studio we will be limiting the number of students in all classes, so pre-registration is **REQUIRED** for all classes. Register online at www.uptowndancestudio.com.
Prices vary and are listed on our registration page for each class.

Daytime Dance Program

Classes are progressive series, solo movement and all levels unless noted.

Mondays: 11am - Intermediate Foxtrot - Couples Only

Tuesdays: 11am - Stretch & Tone

Thursdays: 11am - Country Line Dancing *No class 11/26

Fridays: 11am - WCS Musicality

Cost: \$10 per class OR \$35 for a 4 week series. Instructor: Joy Davina.

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Reminder As You Register:

Your health and safety is our top priority and we continue to employ the safety protocols required by the Oregon Health Authority (OHA) .

Social Dances

Uptown's Mixed Varsity Couples Dance

Reconnecting our souls to social dancing with a fun, safe soriée!

November 6th from 7:30 to 9:30pm

Couples Only, \$25 per couple

Each couple has their own spot on the floor and table for the night

Bottled H2O provided

Registration is REQUIRED, spots are limited and it's first come first serve.

Register online at www.uptowndancestudio.com

Uptown's WCS Couples Dance

Reconnecting our souls to social dancing with a fun, safe soriée!

November 20th from 7:30 to 9:30pm

Couples Only, \$25 per couple

Each couple has their own slot on the floor and table for the night

Bottled H2O provided

Registration is REQUIRED, spots are limited and it's first come first serve.

Register online at www.uptowndancestudio.com

Shake It Fitness Classes -

Tuesdays 6:30 to 7:30pm - Cardio Dance Party (WODU-JAM, WERQ, ZUMBA)

Thursdays 6 to 7pm - Groov3

\$5 per class. In-Person & Virtual Options

Contact Marnie & Kathy for registration details.

Kathy: kswwhitepdx@gmail.com

Marnie: marnier63@gmail.com

U-Jam Fitness - is an urban dance workout that makes you sweat while having a dance party. With easy-to-follow dance moves and high-energy music (everything from hip-hop to Bollywood), you'll be samba and swinging your way to a sweat in this 55-minute class.

WHEN: Wednesdays at 7pm in Studio B, INSTRUCTOR: Kit Kat

TYPE & LEVEL: Solo movement fitness class – no dance experience needed.

COST: First class FREE! \$5 to drop-in, \$20 for a 5-class pack

Register with Kit Kat: khammond08@gmail.com *No class Nov 25th

STUDIO ADDRESS:

14355 SW Pacific Highway

Tigard, OR 97224

503-740-3838 / info@uptowndancestudio.com

Want more details?

www.UptownDanceStudio.com

Feel free to contact us with any questions!

~ Leilani Nakagawa, owner.