



June 2019

"Come to dance, leave inspired!"

Adult Evening Group Classes

Group Classes Progressive Series

(For the best experience, start at the beginning of the month)

Instructor

Tuesdays: 4th - 25th	7 to 8pm	Newcomer West Coast Swing	Leilani
Tuesdays: 4th - 25th	8 to 9pm	Beyond Beginning West Coast Swing	Leilani

Single Day Workshops (Pre-register and save!)

Monday - June 3rd	7:30 to 9pm	Foxtrot Basic Bootcamp	Joy
Thursday - June 6th	7:30 to 9pm	Int/Adv Waltz	Leilani
Monday - June 10th	7:30 to 9pm	Beyond Beginning Foxtrot	Joy
Thursday - June 13th	7:30 to 9pm	Beyond Beginning Cross Step Waltz	Joy & Ariel
Sunday - June 16th	5 to 6:30pm	Beyond Beginning Hustle	Ariel
Monday - June 17th	7:30 to 9pm	Intermediate Foxtrot	Joy
Thursday - June 20th	7:30 to 9pm	Int/Adv West Coast Swing	Leilani
Sunday - June 23rd	5 to 6:30pm	Beyond Beginning Nightclub Two Step	Ariel
Monday - June 24th	7:30 to 9pm	Intermediate Foxtrot	Joy
Thursday - June 27th	7:30 to 9pm	Beyond Beginning Cross Step Waltz	Joy & Ariel

Single day workshop pricing: \$25 at the door (space permitting) / \$20 pre-registered.

Group class progressive series pricing: \$12 drop-in or \$10 per class if you pay for the full month at the first class. Pre-register online to reserve your spot in class.

Daytime Dance Program

Dance during the day at Uptown! Classes meet Monday through Wednesday and are a progressive series. For the best experience, please start at the beginning of a month.

Mondays: 12pm - Ballroom Basics, 1pm - Beyond Beginning Triple Time Swing

Tuesdays: 12pm - Beyond Beginning Country Two Step, 1pm - Beyond Beg. Nightclub Two Step

Wednesdays: 12pm - Beyond Beginning Tango Fusion, 1pm - Beyond Beginning West Coast Swing

Daytime Dance Social: June 27th from 1 to 3pm. More details on back.

Single Class - \$8 / Monthly Series - \$25 / Weekly Unlimited Pass - \$30 (daytime classes only)

No pre-registration necessary. Instructor: Joy Davina.

We accept cash or check in the studio for payment.

Social Dances

1st & 3rd Saturday Dance Parties

7:30pm: FREE Beginning Lesson
8:30 to 11pm: Social Dancing
\$8, \$6 youth or students
June 1st: DANCE CANCELED
June 15th Lesson: Rumba

3rd Friday Westie Practica

Friday, June 21st
9:30pm to Midnight
Mini Lesson at 10:15pm
\$5, \$3 for youth or students

Daytime Dance Social

Thursday, June 27th
1 to 3pm
Mini Lesson from 1 to 1:30pm
\$8 cash or check

Summer Showcase

Our next studio showcase will be on
July 20th, 2019 .Save the date!
It will be a fabulous evening full of
great music, fun socializing and beautiful
showcase performances that will leave
you grinning from ear to ear.

Date Night Dance

This is a group dance class designed
exclusively for couples. You must sign up
with a partner and there will be no rotation
during class. It is designed for beginners,
so no dance experience is needed to join.
It is by pre-registration only, so be sure to email
us if you would like to reserve a spot!

June 21st, 8 to 9:15pm / \$25 per couple
info@uptowndancestudio.com

ZUMBA FITNESS - A feel-happy workout that combines a motivating fusion of dance and fitness, which will leave you smiling and pumped everytime!

Class Times:

Mondays 5:30pm - Zumba
Wednesday 5:30pm - Zumba
Thursdays 5:30pm - STRONG by Zumba*
Saturday 10am - Zumba

*No class June 6th

Cost:

\$10 drop-in, \$75 for unlimited Zumba & STRONG
monthly pass, \$65 for unlimited Zumba monthly pass,
4 pass punch card for \$30 (good for a month), or
10 pass punch card for \$70 (good for 3 months).

No pre-registration necessary - just show up!

Barre - AVFit Barre Above classes blend Ballet, Pilates, Yoga and strength training to deliver results-driven workouts that are fun and dynamic and are suitable for Every-Body!

Class Times:

Saturdays 9:30am

Cost:

\$12/drop in, \$50/5 Classes, \$90/10 Classes

No pre-registration necessary - just show up!

STUDIO ADDRESS:

14355 SW Pacific Highway
Tigard, OR 97224

503-740-3838 / info@uptowndancestudio.com

Want more details?

www.UptownDanceStudio.com

Feel free to contact us with any questions!

~ Leilani Nakagawa, owner.