

## **January 2019**

"Come to dance, leave inspired!"

## **Adult Evening Group Classes**

Group Classes Progressive Series (For the best experience, start at the beginning of the month)			nstructor
Mondays - Jan 7th - 28th	7:15 to 8:15pm	All Levels Salsa	Joy
Mondays - Jan 7th - 28th	8:15 to 9:15pm	Beyond Beginning Bachata	Joy
Tuesdays - Jan 8th - 29th	7 to 8pm	Newcomer West Coast Swing	Leilani
Tuesdays - Jan 8th - 29th	8 to 9pm	Beyond Beg. West Coast Swing	Leilani
Wednesdays - Jan 2, 9, 16 & 30	7:30 to 8:30pm	Beyond Beginning Salsa	Jake
Thursdays - Jan 3, 10, 17, & 31	7pm to 8pm	Newcomer Rumba	Jake
Sundays - Jan 6th - 20th	5 to 6pm	Beyond Beginning Cross Step Walt	z Ariel
Sundays - Jan 6th - 20th	6 to 7pm	Int / Adv Nightclub Two Step	Ariel
Single Day Workshops (Pre-register and save!)			
Thursday - Jan 3rd	7:30 to 9pm	Int/Adv Country Two Step	Leilani
Thursday - Jan 10th	7:30 to 9pm	Beginning Waltz	Joy
Thursday - Jan 17th	7:30 to 9pm	Int/Adv West Coast Swing	Leilani
Thursday - Jan 31st	7:30 to 9pm	Beyond Beginning Waltz	Joy

Single day workshop pricing: \$25 at the door (space permitting) / \$20 pre-registered.

Group class progressive series pricing: \$12 drop -in or \$10 per class if you pay for the full month.

Pre-register online to reserve your spot in class.

### **Daytime Dance Program**

Dance during the day at Uptown! Classes meet Monday through Wednesday and are a progressive series. For the best experience, please start at the beginning of a month.

Mondays: 12pm - All Levels Lindy Swing, 1pm - Beyond Beginning Waltz (Ballroom, Country, Cross Step) Tuesdays: 12pm - Beyond Beginning Latin (Rumba, Cha Cha, Salsa,) 1pm - Beyond Beg. Nightclub 2-Step Wednesdays: 12pm - All Levels Ballroom Tango, 1pm - Beyond Beginning West Coast Swing Daytime Dance Social: Jan 31st from 1 to 3pm. More details on back.

Single Class - \$8 /Monthly Series - \$25/ Weekly Unlimited Pass - \$30 (daytime classes only)

No pre-registration necessary. Instructor: Joy Davina.

#### Social Dances, Workshops & Zumba

#### **Social Dance Parties**

1st Saturday: Jan 5th

7:30pm: Beginning Salsa Lesson - FREE

8:30 to 11pm: Social Dancing - \$8

3rd Saturday: Jan 19th

7:30pm: Beginning Waltz Lesson - FREE

8:30 to 11pm: Social Dancing - \$8

#### **3rd Friday Westie Practica**

Friday, Jan 18th 9:30pm to Midnight Mini Lesson at 10:15pm \$5, \$3 for youth or students

#### **Daytime Dance Social**

Thursday, Jan 31st, 1 to 3pm. Mini Lesson from 1 to 1:30pm. \$8 cash at the door.

# Enjoyed our Holiday Showcase and looking to be involved next time?

Our next studio showcase will be on June 1st, 2019 and we would love to have you join us! Performance helps you build new dance skills, brings you confidence and is really fun! Send us an email or give us a call to chat about being one of our star performers. :)

#### **Date Night Dance**

(a perfect date night activity)

This is a group dance class designed exclusively for couples. You must sign up with a partner and there will be no rotation during class. It is designed for beginners, so no dance experience is needed to join. It is by pre-registration only, so be sure to email us if you would like to reserve a spot!

Jan 18th, 8 to 9:15pm / \$25 per couple info@uptowndancestudio.com

**ZUMBA FITNESS** - A feel-happy workout that combines a motivating fusion of dance and fitness, which will leave you smiling and pumped everytime!

Mondays 5:30pm - Zumba Tuesdays 5:30pm - STRONG by Zumba\* Wednesday 5:30pm - Zumba Thursday 5:30pm - STRONG by Zumba Saturday 10am - Zumba \*No class 1/1. Cost:

\$10 drop-in, \$75 for unlimited monthly pass, 4 pass punch card for \$30 (good for a month), or 10 pass punch card for \$70 (good for 3 months).

No pre-registration necessary - just show up!

#### STUDIO ADDRESS:

14355 SW Pacific Highway Tigard, OR 97224

503-740-3838 / info@uptowndancestudio.com

Want more details? Visit: www.UptownDanceStudio.com

Feel free to contact us with any questions! ~ Leilani Nakagawa, owner.